

Web Table I Scores on Individual Maternal Discharge Readiness Items

<i>Questionnaire Item</i> All (n=190)	<i>Ready (n=168) Less ready (n=22)</i>		
<i>How prepared do you feel...</i>			
Q1. ...to breastfeed your baby? ^b	9.2 (1.3)	9.4 (1.2)	8.1 (1.8)
Q2. ...to express your own breastmilk for your baby? ^d	9.2 (1.4)	9.5 (1.1)	7.7 (2.0)
Q3. ...to cup feed expressed breastmilk to your baby? ^a	9.1 (1.5)	9.2 (1.3)	7.6 (1.6)
Q4. ...to know how much FM 85 powder to add to your expressed breastmilk?	9.0 (1.8)	9.1 (1.9)	8.5 (1.2)
Q5. ...to bathe, change nappy and dress your baby? ^c	9.8 (0.8)	9.9 (0.7)	9.2 (1.3)
Q6. ...about your knowledge of how many wet nappies and bowel movements your baby will have per day? ^b	8.8 (2.1)	8.9 (2.0)	7.6 (2.4)
Q7. ...to know that your baby is warm enough? ^e	9.2 (1.6)	9.3 (1.5)	8.4 (2.1)
Q8. ...on what medicines your baby will take at home?	9.6 (1.1)	9.6 (1.1)	9.1 (1.3)
Q9. ...to give these medicines to your baby? ^c	9.6 (1.1)	9.7 (1.0)	8.7 (1.7)
Q10. ...about what you must do when your baby has a fever or gets sick at home? ^b	9.1 (1.5)	9.3 (1.3)	7.9 (2.0)
Q11. ...to practise continuous KMC at home? ^b	9.8 (0.7)	9.9 (0.4)	8.8 (1.5)
Q12. ...to tie your baby in the KMC position? ^c	9.8 (0.9)	9.8 (0.8)	9.0 (1.4)
<i>How confident/sure do you feel...</i>			
Q13. ...that your baby's heart and breathing are stable and it is safe to go home? ^a	8.9 (1.6)	9.2 (1.5)	7.2 (1.5)
Q14. ...that your baby is strong enough to go home now? ^a	9.0 (1.4)	9.3 (1.2)	7.0 (1.7)
Q15. ...that you will be able to breastfeed your baby at home? ^b	9.6 (0.9)	9.8 (0.7)	8.8 (1.5)
Q16. ...that you will be able to cup feed your baby at home? ^b	9.4 (1.3)	9.4 (1.2)	8.7 (1.2)
Q17. ...that you know when and how often to feed your baby during the day/night? ^c	9.7 (0.7)	9.8 (0.6)	9.0 (1.3)
Q18. ...that you are ready for your baby to come home? ^a	9.6 (1.0)	9.9 (0.3)	7.3 (1.4)
Q19. ...that you can carry your baby skin-to-skin at home? ^b	9.8 (0.7)	9.9 (0.3)	8.9 (1.4)
Q20. ...that you will be able to take care of your baby at home? ^c	9.8 (0.5)	9.9 (0.3)	9.3 (1.1)
Q21. ...to give your baby the daily medicine?	9.8 (0.7)	9.8 (0.7)	9.5 (0.8)
Q22. Please tell us how ready you feel overall to take your baby home ^a	9.7 (1.0)	10.0 (0.2)	7.7 (2.0)

Value in mean (SD). ^aP<0.001; ^bP<0.01; ^cP<0.05; ^dP=0.01; ^eP=0.05.