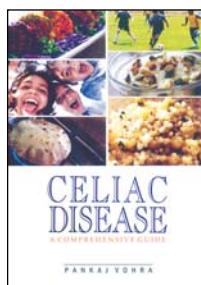


BOOK REVIEWS



Celiac Disease: A Comprehensive Guide

PANKAJ VOHRA

National Book Trust, India

Pages: 198; Price: Rs .185/-.

Celiac disease has arrived! First denied its very existence, it is now being recognized as a reality. The author has done a huge favour to the celiac community and medical fraternity through this volume. Divided into five sections, there is an overview of the disease, followed by dietary management, social and psychological issues, gluten free recipes, and annexures.

Life of a child with celiac disease is confounded by doubts. This is well-tackled by providing answers to frequently-asked questions (FAQs) after each section, covering diagnosis, serology, endoscopy and gluten-free diet. Going gluten-free in India is easier as many Indian diets are naturally gluten-free. Dr Vohra has used this advantage well, and has made excellent practical dietary suggestions.

Due to vastness of information given, focus on a particular target audience is diffuse, as it shifts across caregivers, children, doctors, dietitian and adult patients. Nevertheless, a highly recommended volume to all those involved with celiac disease. An abridged version in Hindi language will be invaluable.

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Reporting and Publishing Research in the Biomedical Sciences

PEUSH SAHNI AND RAKESH AGGARWAL

New Delhi: National Medical Journal of India; 2016.

Pages: 326; Price: not mentioned.

As the title suggests, this book covers various aspects in the field of biomedical publication; with the focus on paper writing. The book describes all aspects of paper writing in great details including the IMRAD format and how to write various types of manuscripts. I could not, however find a chapter on writing Review articles. A small chapter is also devoted to Books, and Chapters in Books. This is a welcome inclusion, touching an almost virgin territory in medical publishing. The typesetting and quality of paper add to the pleasure of reading. The first three chapters (and a few more) have highlighted the key points and practical examples in Boxes to break the theoretical monotony of the text. I wish this format was followed throughout the book. Surprisingly, I could not find an Index, which to me is the most useful section in a book, to facilitate easy location of the desired content. I hope editors will take care of this major lacuna in the next edition. Notwithstanding these glitches, the editors have been able to accomplish their aim stated in the preface “*if the book eases the task of converting your research work into a manuscript, we will consider that our efforts have been worthwhile.*” I congratulate them and recommend this book as a must read for all aspiring authors.

PIYUSH GUPTA

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