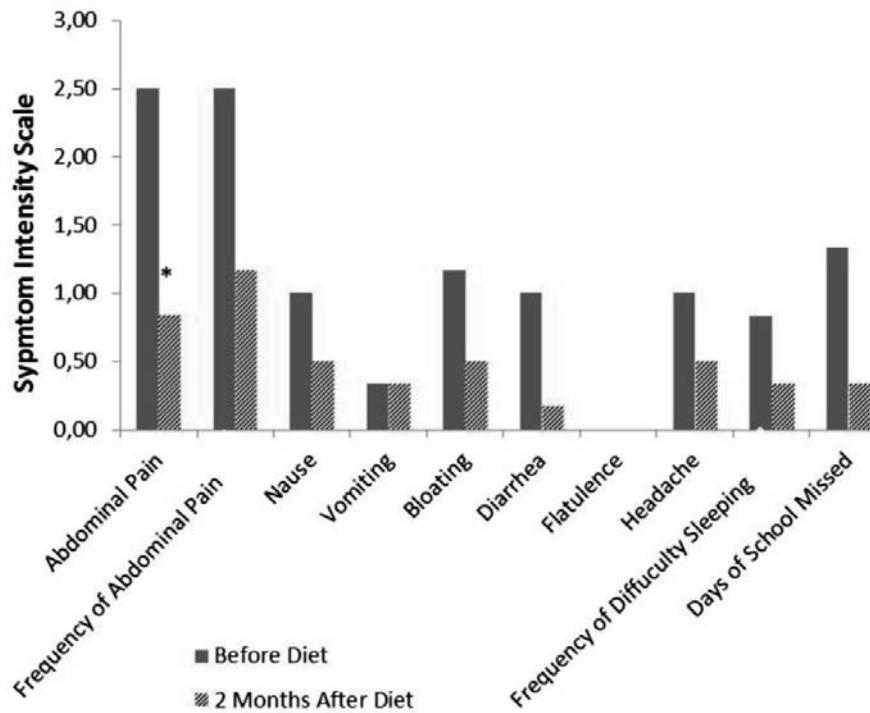


**WEB FIG. 1** Resolution of gastrointestinal symptoms associated with lactose restriction for 2 months. \*Significance ( $P < 0.05$ ).



**WEB FIG. 2** Resolution of gastrointestinal symptoms associated with fructose restriction for 2 months. \*Significance ( $P < 0.05$ ).