

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Addo-Yobo 2004	+	+	-	-	+	+	+
Agveyu 2015	+	+	-	-	+	+	
Campbell 1988			-	-	+	+	?
Hazir 2008	+	+	-	-	+	+	+

WEB FIG. 1 *Quality assessment of studies.*