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Childhood Obesity and Hypertension

The recent article on childhood obesity and hypertension was timely and an eye opener(1). I would like to express the following comments.

During the follow up period of six months, only nine out of sixteen children with persistent hypertension could be investigated. Of these six had hypercholesterolemia. It remains to be clarified whether these six children were obese or not, because if so, the said metabolic disorder becomes additional high risk factor in the etiopathogenesis of hypertension.

In a review of 404 children studied prospectively, the authors conclude that most obese 5% of children at age 6-7 years were all in the most obese 10% of 13-14 year-old and, retrospectively, 44% of the most obese 10% of 13-14-year-old were in the most obese 5% of age at 6-7 years. This shows very accurate tracking of the most

obese children remaining in the same obese state over the span between ages 6 and 14 years(2). After the age of 5 years, there is a statistically significant tendency for fat children to become fat adults(3). These observations add to the significance of early therapeutic intervention and advice to families with obese children, so aptly brought out by authors of the study referred to in the beginning(1).

T.S. Raghu Raman, Department of Pediatrics, No. 5, Air Force Hospital, C/o 99 APO.

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Parental Attitudes to Pediatric Intravenous Procedures

Acute illness and intravenous procedures may be one of the major event in a child's life. A search of medical literature yields limited data on the parental attitudes and preferences for these procedures(1). We conducted this study to find out parental attitudes towards basic pediatric procedures of intravenous sampling and/or intravenous placement and whether parents would prefer to remain present with the child during these procedures.

The parents of children who were admitted to pediatric wards in the Depart-