WEB TABLE IE VALUATION OF FREE TIME IN SCHOOL CHILDREN (N=400)

Frequency of free time	No. (%)
Daily	208 (52)
Alternate day	124 (31)
Weekends	68 (17)
Amount of free time	
1-2 hours	162 (40.5)
2-3 hours	134 (33.5)
3-4 hours	82 (20.5)
>4 hours	22 (5.5)
Type of leisure activity	
Indoor	169 (42.3)
Outdoor	126 (31.5)
Both	105 (26.3)
Time spent with parents	
Daily	238 (59.5)
Alternate day	71 (17.8)
Weekends	69 (17.3)
Nil	22 (5.5)