

WEB TABLE I THE PEDIATRIC ULCERATIVE COLITIS ACTIVITY INDEX

<i>Item</i>	<i>Points</i>
<i>Abdominal pain</i>	
No pain	0
Pain can be ignored	5
Pain cannot be ignored	10
<i>Rectal Bleeding</i>	
None	0
Small amount, in < 50% stools	10
Small amount with most stools	20
Large amount, > 50% of stool content	30
<i>Stool consistency of most stools</i>	
Formed	0
Partially formed	5
Completely unformed	10
<i>Number of stools per 24 hours</i>	
0-2	0
3-5	5
6-8	10
>8	15
<i>Nocturnal stools (any episode causing awakening)</i>	
No	0
Yes	10
<i>Activity level</i>	
No limitation of activity	0
Occasional limitation of activity	5
Severe restricted activity	10

Source: Turner D, Otley AR, Mack D, *et al.* Development and evaluation of a Pediatric Ulcerative Colitis Activity Index (PUCAI): A prospective multicenter study. *Gastroenterology*. 2007;133:423-32.

WEB TABLE II THE PEDIATRIC CROHN'S DISEASE ACTIVITY INDEX

<i>Items</i>	<i>Points</i>	<i>Items</i>	<i>Points</i>
<i>Abdominal pain</i>		Tenderness, involuntary guarding, definite mass	10
None	0	<i>Peri-rectal disease</i>	
Mild (brief episodes, not interfering with activities)	5	None, asymptomatic tags	0
Moderate/severe (frequent or persistent, affecting with activities)	10	1-2 indolent fistula, scant drainage, tenderness of abscess	5
<i>Stools</i>		Active fistula, drainage, tenderness or abscess	10
0-1 liquid stools, no blood	0	<i>Extra-intestinal manifestations</i>	
2-5 liquid or up to 2 semi-formed with small blood	5	Fever >38.5 × 3 days in week, arthritis, uveitis, erythema nodosum, or pyoderma gangrenosum	
Gross bleeding, >6 liquid stools or nocturnal diarrhoea	10	None	0
<i>Patient functioning, general well-being (Recall, 1 week)</i>		One	5
No limitation of activities, well	0	Two	10
Occasional difficulties in maintaining age appropriate activities, below par	5	<i>Hematocrit</i>	
Frequent limitation of activities, very poor	10	<10yrs 11-14 (male) 11-19 (female) 15-19 (male)	
<i>Weight</i>		>33 >35 >34 >37	0
Weight gain or voluntary weight loss	0	28-33 30-34 29-33 32-36	2.5
Involuntary weight loss 1-9%	5	<28 <30 <29 <32	5
Weight loss >10%	10	<i>ESR (mm/hr)</i>	
<i>Height</i>		<20	0
<1 channel decrease (or height velocity >-SD)	0	20-50	2.5
>1 <2 channel decrease (or height velocity <-1SD> -2SD)	5	>50	5
>2 channel decrease (or height velocity <-2SD)	10	<i>Albumin (g/L)</i>	
<i>Abdomen</i>		>35	0
No tenderness, no mass	0	31-34	5
Tenderness, or mass without tenderness	5	<30	10

Source: Hyems JS, Ferry GD, Mardel FS, *et al.* Development and Validation of a Pediatric Crohn's Disease Activity Index. *J Pediatr Gastroenterol Nutr.* 1991;12:439-47.