## BOOK REVIEWS



### Manual of Newborn Nursing

Ranjan Kumar Pejavar, Rhishikesh Thakre, Naveen Bajaj, Ashish Jain, Nandkishore Kabra Neonatology Chapter of Indian Academy of Pediatrics Pages: 490; Price: Rs.480/-.

This book is targeted to nurses working with newborns. The book comprises of several sections dealing with nursing care and neonatal nursing skills. It also provides nursing protocols and check lists, nurses' role while assisting procedures, and an overview

of common neonatal problems. It has several tables, flow diagrams and pictorials that make it easy-reading. It also provides references for further reading. However while the book has attempted to be as complete as possible, it is still left with too much of textual reading. It would have been more useful if the book had more tables, diagrams and flow diagrams for easy reading and implementation of protocols by nurses in the neonatal intensive care units (NICU). It would still be an useful asset in NICUs.

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# Is Your Child Ready to Face the World?

Anupam Sibal Penguin Books Pages: 184; Price: Rs.299/-.

The book is a commendable work on art and science of parenting. The author has tapped into his rich professional experience and fruitful parenting experiences to discuss eighteen essential values which parents should 'role model' and instil in their children for a successful and happy life. The book is replete with inspiring anecdotes about famous

personalities, patient case studies and snippets from scientific research along with references which provide ample 'evidence base' for imbibing these values. It does not delve into theoretical details of types of parenting, disciplining methods, communication techniques, media literacy or age- specific parenting issues; instead it gives practical tips to enhance the emotional and social quotients of children, in a simple and easy to read format. The book is a must read for all parents and professionals to add to their knowledge repertoire of parenting in the current era.

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