

Pedscapes

Eating Disorders

Anorexia Nervosa and other eating disorders from Family Doctor - <http://familydoctor.org/063.xml> This website provides patient education material on various eating disorders including anorexia nervosa, female athlete triad, bulimia and other eating disorders among teens. The Information is provided in a question and answer format and is from the popular Family Doctor website.

National Association of Anorexia Nervosa and Eating disorders - <http://www.anad.org/site/anadweb/> This website contains information on the various eating disorders and their treatment, advocacy, information for pro-

fessionals, links, message boards and support groups. A self-evaluation quiz for patients is an unique feature of this site.

Anorexia Nervosa and Related Eating Disorders Inc - <http://www.anred.com/toc.html> This website contains information on various lesser known eating disorders also including body dysmorphic disorder, Night-eating syndrome, Nocturnal sleep-related eating disorder, Rumination syndrome Gourmand syndrome, Prader-Willi syndrome, Pica and Cyclic vomiting syndrome. It also contains info on clinical trials and tips on healthy eating and self help suggestions for people at risk.

C. Vidyashankar,
*40, Rathnam Street, Gopalapuram,
Chennai- 600086, India.
E-mail : vidyashankar@vsnl.com*